



BlueCross BlueShield of Oklahoma

SAVE TIME SAVE MONEY

Be the **SUPERHERO** of Your Health Care Plan

Take control of your health care with
Blue Access for MembersSM (BAMSM).

This member website allows you to
compare prices, research doctors,
hospitals, clinics, medication and
procedures all in one place.

**Having the knowledge to
ask the right questions can
save you time and money!**



**Take this card
with you to the
doctor's office
to help start the
conversation.**

*For members with
Benefit Value Advisor
please call the number on
the back of your ID card

Are you in my network?

Ask when booking a new
appointment or changing
health insurance plans.

Is there an in-network option?

Ask when talking about
rehab, home health or other
referral services.

Is there a low-cost generic option?

Ask if the prescribed
medication is in the
lowest tier.

Is there an independent imaging center or lower-cost option?

Ask when your doctor says
you need lab work, CT-scans,
MRIs, etc.

The cost-savings tools in your **BAM account** are your **SUPERPOWERS** to get the most out of your benefits, while helping you save time and money!

**save time
save money**



With Blue Access for MembersSM (BAMSM) you can:

- Find a doctor in your network
- Get detailed claim and benefit information
- Discover health tips and programs to save money
- Connect with your Health Advocate* — who can help you connect with health and wellness programs and tools.
- Download the BCBSOK App. Just text[†] **BCBSOKAPP** to **33633**.
Find a doctor and learn more about your benefits.

**Register and log into BAM[†] today
at bcbsok.com/superhero**



**BlueCross BlueShield
of Oklahoma**

**Explore all
the convenient
features by
registering
today!**

BAM!

* For medical emergencies, call 911. Health advocates do not give medical advice or take the place of a doctor's care. Talk to your doctor or health care professional about any health questions or concerns.

† Message and data rates may apply. Terms and conditions and our privacy policy are available at bcbsok.com/mobile/text-messaging.

‡ For technical issues with BAM, call 888-706-0583.